



LOW GLYCEMIC INDEX PENNE 250g



Shape: PENNE

Unit weight: 250g

Unit size: cm 11 x 4 x h 21

Units per case: n.18

Case size: cm 35 x 26,5 x h 21,5

Cases x pallet: n.72

Units per pallet: n.1296

Pallet size: cm 80 x 120 x h 220

FiberPasta is an **Italian functional and healthy pasta with a very low glycemic index (G.I. 23)**, much lower than regular pasta. It contains **a high fiber amount (15 g fiber per 100g)**, that means more than twice the fiber of dark whole wheat pasta, while still being able to offer the same great taste as the traditional Italian pasta. It contains **a low nickel content (0,071mg/kg)**. **In the year 2001 the Italian Ministry of Health approved FiberPasta as “suitable for people suffering from the troubles of glucose metabolism (diabetes)”**. The high amount of fiber slows fats and carbohydrate absorption and contributes to weight and cholesterol control and helps the digestive health.

Wheat origin: Italy (Marche region)

Vegan Ok certification: suitable for vegans and vegetarians

INGREDIENTS: durum **wheat** semolina, 14% dietary fiber (**wheat** fiber, **resistant starch**, inulin).

May contain traces of egg, soy and mustard.

NUTRITIONAL VALUE PER 100g: Energy kcal 330 / kJ 1381, fats 1g (of which saturates 0,4g), carbohydrate 58g (of which sugars 0,3 g), fiber 15g, protein 15g, salt 0g.