



LOW GLYCEMIC INDEX SPAGHETTI 500g



Shape: SPAGHETTI

Unit weight: 500g

Unit size: cm 32 x 9,5 x h 2,5

Units per case: n.20

Case size: cm 29 x 25 x h 19

Cases x pallet: n.84

Units per pallet: n.1680

Pallet size: cm 80 x 120 x h 152

FiberPasta is an **Italian functional and healthy pasta with a very low glycemic index (G.I. 23)**, much lower than regular pasta. It contains **a high fiber amount (15 g fiber per 100g)**, that means more than twice the fiber of dark whole wheat pasta, while still being able to offer the same great taste as the traditional Italian pasta. It contains **a low nickel content (0,071mg/kg)**. **In the year 2001 the Italian Ministry of Health approved FiberPasta as “suitable for people suffering from the troubles of glucose metabolism (diabetes)”**. The high amount of fiber slows fats and carbohydrate absorption and contributes to weight and cholesterol control and helps the digestive health.

Wheat origin: Italy (Marche region)

Vegan Ok certification: suitable for vegans and vegetarians

*INGREDIENTS: durum **wheat** semolina, 14% dietary fiber (**wheat** fiber, **resistant starch**, inulin).*

May contain traces of soy and mustard.

NUTRITIONAL VALUE PER 100g: Energy kcal 330 / kJ 1381, fats 1g (of which saturates 0,4g), carbohydrate 58g (of which sugars 0,3 g), fiber 15g, protein 15g, salt 0g.